

## CURRICULUM VITAE

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**Jahanshir Tavakolizadeh**  
**Professor**



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### **EDUCATION**

- 2017– 2019 Post-doctoral in Psychosomatic Medicine and Psychotherapy from Isfahan University of Medical Sciences, Fribourg University.
- 2005 – 2009 Received PhD in Educational Psychology from Allameh Tabatabai University, Tehran, Iran, February, 2009.
- 1993 – 1995 Received MA in Clinical Psychology from Iran university of Medical sciences (Tehran Psychiatric Institute), Tehran, Iran, November, 1995.
- 1984 – 1989 Received BA in Clinical Psychology from Ferdowsi university of Mashhad (Faculty of Psychology and Educational sciences), Mashhad, Iran, April, 1989.

**Title of PhD Dissertation:** The effect of teaching of self-regulated learning strategies on attribution style, self- efficacy and mental health in second grade junior-high school boys in Mashhad city.

**Title of MA Thesis:** Epidemiology of attention deficit and disruptive behavior disorders in elementary school children of Gonabad city

## **AWARDS/HONORS**

- 1995 Received the Acknowledgment for the purpose of significant activities at the program of the Mental Health Assessment Center of the country.
- 1999 Received the Acknowledgment and the Special Award as a excellent Consellor at Medical Sciences Universities of the country from vice president.
- 2000 Received Appreciation letter as excellent center of student guidance and counseling of Medical Sciences Universities at the time my responsibility.
- 2000 Received Appreciation letter as selection of the consulting and guidance services center of Gonabad University as the sample center among the universities of medical sciences of the country.
- 2001 The selection of the consulting and guidance services center of Gonabad University as the sample center among the universities of medical sciences of the country.
- 2001 Appreciation letter and Receipt of the Award as active researcher of Gonabad Faculty of Medical Sciences.
- 2002 Appreciation letter and Receipt of the Award as Superior researcher of Gonabad Faculty of Medical Sciences.
- 2009 Selection of three research projects by myself and colleagues as the top 10 research projects implemented in the health system (HSR) of Gonabad, in 2001-2008.
- 2007 Letter of Appreciation from the Commander of Tehran Police University regarding the efforts and cooperation in improving the level of mental health.
- 2010 Appreciation letter as a scientific referee of the Commission of the Selection of Top Academic Researches and Research Centers in the Province.
- 2011 Appreciation letter as a scientific referee of the Commission of the Selection of Top Academic Researches and Research Centers in the Province.
- 2011 Appreciation letter and Receipt of the Award as Pioneering researcher of Gonabad University of Medical Sciences.
- 2011 Appreciation letter and Receipt of the Award as Top faculty member of Gonabad University of Medical Sciences.
- 2012 Appreciation letter and Receipt of the Award as Superior researcher of Gonabad University of Medical Sciences.
- 2012 Appreciation letter and Receipt of the Award as top researcher from Governor of

- Gonabad.
- 2012 Appreciation letter as a scientific referee of the Commission of the Selection of Top Academic Researches and Research Centers in the Province.
- 2013 Appreciation letter and Receipt of the Award as Superior researcher of Gonabad University of Medical Sciences.
- 2014 Appreciation letter and Receipt of the Award as Superior researcher of Gonabad University of Medical Sciences.
- 2015 Appreciation letter and Receipt of the award to Promote Associate professor degree, and Acknowledgments for Promoting and Developing the University.
2015. Acknowledgments from the Student & Cultural Deputy of the University & the Head of the Department of Counseling and Mental Health of the University.
- 2016 Appreciation letter and Receipt of the Award as Superior researcher of Gonabad University of Medical Sciences.
- 2016 Appreciation letter as a scientific referee of the Commission of the Selection of Top Academic Researches and Research Centers in the Province.
- 2016 Acknowledgments from the Student & Cultural Deputy of the University & the Head of the Department of Counseling and Mental Health of the University.
- 2017 Acknowledgments from the Student & Cultural Deputy of the University & the Head of the Department of Counseling and Mental Health of the University.
- 2018 Acknowledgments from the Student & Cultural Deputy of the University & the Head of the Department of Counseling and Mental Health of the University.
- 2018 Appreciation letter and Receipt of the Award as Top faculty member of Gonabad University of Medical Sciences.

### **RELEVANT PROFESSIONAL EXPERIENCE**

- 1992 - 2001 Mental health expert, Gonabad College of Medical Sciences
- 1996 – Present Clinical Psychologist & counselor at Mental Health and Counseling center of Gonabad University of Medical Sciences,
- 1997 - 2009 Faculty member (lecturer) Gonabad Medical Sciences College
- 1999 – 2001 Open courses manager of Gonabad college of medical sciences

2009–2013	Faculty member (Assistant Professor) Gonabad University of Medical Sciences
2009-Present	The member of enabling committee for faculty members, at Gonabad University of Medical sciences, Gonabad, Iran
2013–2018	Faculty member (Associate Professor) Gonabad University of Medical Sciences.
2013-2017	Faculty director at Gonabad University of Medical Sciences.
2018–Present	Faculty member (Full Professor) Gonabad University of Medical Sciences.

## **PUBLICATIONS**

### **Books**

- 2017      **The happiness from view of Molavi and positive psychologists.** Jahanshir Tavakolizadeh, Marendiz Corporation.
- 2018      **Psychological Adaptation with Pregnancy Based on "Roy" Nursing Model.** Samane Najafi, Ali Mohammadpour, Jahanshir Tavakolizadeh, Marendiz Corporation

### **Books Translated from English into Persian**

- 2001      **Psychosexual therapy.** Eric j. Mash & Russell A. Translated by: Hassan Toozandjani, **Jahanshir Tavakolizadeh**, Mohammad Dehghanpour, Masoud Mohammadi. 2001; Payke Farhang Corporation.
- 2003      **Child psychopathology (vol. 1).** Susan H. Spence. Translated in Persian by: Hassan Toozandjani, **Jahanshir Tavakolizadeh**, Nasrin Kamalpour. Marendiz Corporation.
- 2003      **Child psychopathology (vol. 2).** Susan H. Spence. Translated in Persian by: Hassan Toozandjani, **Jahanshir Tavakolizadeh**, Nasrin Kamalpour. Marendiz Corporation.

- 2004 **Mental Health** (emphasizing practical recommendations in the police organization) Ahmad Souri, **Jahanshir Tavakolizadeh**, Nasrollah. Police University Corporation.

### **Journal Articles**

- 1995 Delusional disorders and its cognitive deficits, **Jahanshir Tavakolizadeh**, *Journal of Gonabad College of medical sciences and health services*. 1995; 1 (2): 53-58.
- 1997 Epidemiology of attention deficit and disruptive behavior disorders in elementary school children of Gonabad town, north east iran (1996-1997), **Jahanshir Tavakolizadeh**, Jafar Bolhari, Amir Hooshang Mehryar, Mahmoud Dezhkam. *Iranian journal of psychiatry and clinical psychology*. 1997; 3 (1): 40-52.
- 2000 The study of Ramadan fasting effect on Moslems mental health. Mohammad Gharamani, Ali Delshad Nooghabi, **Jahanshir Tavakolizadeh**. *J Gonabad Univ Med Sci Health Serv* 2000; 6 (1); 3-13.
- 2001 Psychiatric symptoms in Gonabad Medical University. **Jahanshir Tavakolizadeh**. *Tebbo-tazkie*. 2001; 43: 46-56.
- 2001 The prevalence of Depression in medical sciences students of Gonabad. **Jahanshir Tavakolizadeh**, Ali Mohammadpour. *Journal of Gonabad College of medical sciences and health services*. 2001; 8 (1); 26-40.
- 2002 Survey of mental health status in Gonabad Medical sciences College students in 2001-2002. **Jahanshir Tavakolizadeh**, Mohammad Ghahramani, Hamid Chamanzari. *J Gonabad Med Sci H Ser*. 2002; 8 (2): 47-54.
- 2002 The survey of developmental criteria of one year old infants in Gonabad city and its comparison to standard indexes. Mohammad Gharamani, **Jahanshir Tavakolizadeh**, Hamid Chamanzari: *Ofogh e Danesh*. 2002; 8 (2): 81-89.
- 2002 The Comparison of depression in wanted and unwanted pregnancies. Laleh Hosseini Shahidi, Maryam Moghimian, **Jahanshir Tavakolizadeh**. *Ofogh-e-danesh*, 2002; 8 (2): 90-95.
- 2003 The survey of stressor events and their relationship with mental disorders on youths in Gonabad city. **Jahanshir Tavakolizadeh**, Mahdi Moshki, Laleh Hosseini Shahidi, Parviz Maroozi. *Ofogh e Danesh*. 2003; 9 (1):105-111.
- 2003 The comparison of self-concept and self-concept and mental health of adolescent girls in Gonabad high schools. Mahdi Moshki, Hedayatollah Shams, **Jahanshir Tavakolizadeh**. *Ofogh e Danesh*. 2003; 9 (9): 49-54.

- 2003 The Survey of stressful events on smoked and nonsmoked early adults of Gonabad city. **Jahanshir Tavakolizadeh**, Mohamad Ghahramani, Maryam Moghimian. *Ofogh e Danesh*. 2003; 10 (1): 52-60.
- 2004 The survey of mental health condition on smoked and non-smoked youths of Gonabad city. **Jahanshir Tavakolizadeh**, Mohammad Ghahramni, Fateme Hadizadeh, Hamid Chamanzari. *OFOGH-E-DANESH*. 2004; 9 (1): 1-9.
- 2005 The comparison of the rate of postpartum depression between NVD & C/S emergency in primipare women referring to the 22 Bahman Hospital in Gonabad. Fateme hadizadeh-Talasaz, Narjes Bahri, **Jahanshir Tavakolizadeh**. *Journal of Kermanshah University of Medical Sciences*. 2005; 4 (8): 21-31
- 2008 Jahanshir Tavakolizadeh: Global consensus on ADHD/HKD. *Journal of Exceptional Education*. 2008; 66.
- 2008 Attention deficit hyperactivity disorder. **Jahanshir Tavakolizadeh**. *Journal of Exceptional Education*. 2008; 79:
- 2008 Obsessive- compulsive disorder in adolescents. **Jahanshir Tavakolizadeh**. *Journal of Exceptional Education*. 2008; 84 & 85: 92-111
- 2010 The Relationship between Health Locus of Control and Life Style in Pregnant Women. Mahdi Moshki, **Jahanshir Tavakolizadeh**, Narjes Bahri. *Armaghane Danesh*. 2010; 15 (2), 167-170.
- 2010 Assessment of Mental Health Among Freshmen Entering the First Semester in Gonabad University of Medical Sciences in 2009-2010. **Tavakolizadeh J**, Khodadadi Z. *Horizon Med Sci*. 2010; 16 (2): 45-51. URL:
- 2011 Effect of teaching of self-regulated learning strategies on self-efficacy in students. **Jahanshir Tavakolizadeh**, Soghra Ebrahimi-Qavam. *Procedia - Social and Behavioral Sciences* 12/2011; 29(00):1096-1104.
- 2011 El efecto de enseñar estrategias de aprendizaje autorregulado sobre estilos de atribución de los alumnos. **Jahanshir Tavakolizadeh**, Soghra Ebrahimi Qavam. *Electronic Journal of Research in Educational Psychology*. 2011; 9 (25): 1087-1101.
- 2011 A study on the efficacy of teaching self-regulated learning strategies on mental health in boys studying in second grade of junior-high school in Mashhad. **Jahanshir Tavakolizadeh**, Soghra Ebrahimi Qavam, NoorAli Farokhi, Mahmoud Golzari. *Journal of Fundamentals of Mental Health*. 2011; 3 (51), 250-9.
- 2011 The effectuality of teaching of self-regulated learning strategies on mental health in students. **Jahanshir Tavakolizadeh**, Soghra Ebrahimi-Qavam, Noor Ali Farrokhi, Mahmoud Golzari. *Procedia - Social and Behavioral Sciences* 12/2011; 29.

- 2011 The Relationship of Physical Activity to Self-Esteem and Health Locus of Control among University Students. Mahdi Moshki, **Jahanshir Tavakolizadeh**, Narjes Bahri. a Case-Control Study. *The First International & 4th National Congress on health Education & Promotion*. 2011.
- 2011 The Effect of Parenting Styles on Self-efficacy and Mental Health of Students. Tozandehjani H, **Tavakolizadeh J**, Lagzian Z. *Horizon Med Sci*. 2011; 17 (2): 56-64.
- 2011 Effect of teaching of self-regulated learning strategies on attribution styles in students. **Jahanshir Tavakolizadeh**, Soghra Ebrahimi Qavam. *Electronic Journal of Research in Educational Psychology* 12/2011; 9(3):1087-1102,
- 2012 The Relationship between Emotional Intelligence and Adjustment in Cancer Patients in Mashhad. Rajabpour H, **Tavakolizadeh J**. *Horizon Med Sci*. 2012; 18 (1):17-25.
- 2012 The Role of Self Regulated Learning Strategies in Psychological well being Condition of Students. **Jahanshir Tavakolizadeh**, Hassan Yadollahi, Hadi Poorshafeic. *Procedia-Social & Behavioral Sciences* 12/2012; 69.,
- 2012 The effectiveness of rational-emotional group training on self-esteem and anxiety of gifted boy students. Ghdratollah Dadpour, **Jahanshir Tavakolizadeh**, Mahmoud Panahi. *Journal of Research & Health*. 2012; 2 (1): 36-43
- 2012 The Prevalence of smoking and its relationship to self-esteem among students of Azad university of Gonabad. **Jahanshir Tavakolizadeh**, Mahdi Moshki, Maryam Mohjimian. *Journal of Research & Health*. 2012; 2(1): 101- 107.
- 2012 The Effect of Cognitive-Behavioral Teaching on Improvement of Women's Sexual Function with Hypoactive Sexual Desire Disorder. Najme-Sadat Hajivosough, **Jahanshir Tavakolizadeh**, Alireza, Alireza Atarodi. *Zahedan journal of research in medical sciences*. 2012; 14 (10): 100-102.
- 2012 The Effect of Swimming on Self Concept's Girl High School Students. **Jahanshir Tavakolizadeh**, Zohre Abedizadeh, Mahmood Panahi. *Procedia - Social and Behavioral Sciences* 12/2012; 69(69):1226-1233.,
- 2012 The Effect of Rational-Emotional Training on Mothers' Mental Health Condition of Children with Mental Retardation. **Jahanshir Tavakolizadeh**, Sadighe Dashti, Mahmood Panahi. *Procedia - Social and Behavioral Sciences* 12/2012; 69.,
- 2013 The effectiveness of behavioral group therapy and cognitive-behavioral group therapy on the laps rate and persistence in the treatment of patients with opioid dependency. Mohamd Ali Aslinejad, Mahdi Moshki, Mohamad Sadegh Alimardani, Jahanshir Tavakolizadeh. *Journal of Kermanshah University of Medical Sciences*. 2013; 17(2): 103-122.

- 2013 The effect of Cognitive behavioral Teaching on marital satisfaction of women having Hypoactive Sexual Desire Disorder. **Jahanshir Tavakolizadeh**, Najme Sadat Hajivosogh. *Journal of Ilam university of medical sciences*. 21 (5), 44-50
- 2014 The Prevalence of Excessive Mobile Phone Use and its Relation with Mental Health Status and Demographic Factors Among the Students of Gonabad University of Medical Sciences in 2011 - 2012. **Jahanshir Tavakolizadeh**, Alireza Atarodi, Siravan Ahmadpour, Amir Pourghesiar. *Razavi Int J Med* 2 (1), e15527 02/2014; 2(1).
- 2014 The predictive role of spiritual intelligence and coping strategies. **Tavakolizadeh J**, Soltani A, Panahi M. Marital adjustment. *Horizon Med Sci*. 2014; 19 (5) :57-63
- 2014 Epidemiology of loneliness in elderly women. Epidemiology of loneliness in elderly women. Shahla Khosravan, Mehri Alaviani, Ali Alami, **Jahanshir Tavakolizadeh**. *Journal of Research & Health*. 2014; 4 (4): 871-877.
- 2014 Effect of Self-regulation Training on Management of Type 2 Diabetes. **Jahanshir Tavakolizadeh**. *Iran Red Crescent Med. J*. 2014; 16 (4): 1-6.
- 2014 The Effect of Consuming Food With “Warm” or “Cold” Temperaments on Students’ Mental Health and Aggression. Mojtaba Kianmehr, **Jahanshir Tavakolizadeh**, Ali Akbari, Seyed Taghi Heydari, Mohamad Masoumzadeh, Hamid Rasekhi, Abbasali Abbasnezhad, Alireza Ebrahimzadeh, Hassan Irani, Reza Ghiassi, Mohammadreza Mansoorian, Zahra Hossaini. *Shiraz E Medical Journal* 06/2014; 15(1):1-6.
- 2014 The comparison of Effect of cooperative and directive teaching on school achievement and adjustment of students with intellectual disability. **Jahanshir Tavakolizadeh**. *European Journal of Intellectual Disability*. 2014; 9
- 2014 The Relationship between Self-Control and Car Accidents. **Jahanshir Tavakolizadeh**, Fatemeh Karimpour. *Razavi Int J Med*. 2014; 2 (4), 1-6
- 2015 The Effectiveness of Communication Skills Training on Marital Conflicts and its Different Aspects in Women. **Jahanshir Tavakolizadeh**, Mahbobe Nejatian, Ahmad Soori. *Procedia - Social and Behavioral Sciences* 01/2015; 171:214-221.,
- 2015 Academic Self-efficacy: Predictive Role of Attachment Styles and Meta-cognitive Skills. **Jahanshir Tavakolizadeh**, Javad Tabari, Ahmad Akbari. *Procedia - Social and Behavioral Sciences* 01/2015; 171:113-120.
- 2015 Effect of Muscle Relaxation on Hemodialysis Patients' Pain. Baloochi Beydokhti, mojtaba kianmehr, **Tavakolizadeh J**, Basiri Moghadam, fateme biabani. *Quarterly of the Horizon of Medical Sciences* 21 (2) 07/2015; 21(2):75-80.



- 2015 The Relationship between Religious Orientation and Psychological Well-Being among Gonabad Medical Sciences. Sadeghi S, Sadeghi O, **Tavakolizadeh J**, Tohidi Nik HR, Khodaday Z. **Islam and Health Journal**. 2015; 1 (4): 57-63
- 2015 Role of Depression, Anxiety and Demographical Factors in Predicting the Quality of Life of Retired Elderly of Gonabad City. **Tavakolizadeh J**, Jamali Z, Safarzade S. *Horizon Med Sci* . 2015; 21 (4) :129-135.
- 2015 Effect of Teaching Parenting Styles to Parents on Adolescents Feeling of Loneliness. Mansoorian M R, khosravan S, **Tavakolizadeh J**, sajjadi M, rivandi Y. *Horizon Med Sci* . 2015; 21 (4):109-115.
- 2015 Assessment of Gonabad people's needs and its relationship with their demographic factors. Alireza Atarodi, **Jahanshir Tavakolizadeh**, Ali Alami, Zohreh Shahghasemi, Vajihah Armanmehr, Sedigheh Arabi. *Journal of Research & Health*. 2015; 5 (2): 220-229.
- 2015 Effect of Quran on promoting the eating habits and physical activity of adolescents: using the theory of planned behavior. Farkhondeh Sadat Torabi, **Jahanshir Tavakolizadeh**, Ali Alami, Mahdi Moshki. *Journal of Research & Health*. 2015; 5 (3): 331-339
- 2015 Effect of Guided Visualization on Anxiety of Patients with Acute Coronary Syndrome Admitted to the Cardiac Intensive Care Unit. **Tavakolizadeh J**, Kianmehr M, Basiri Moghadam M, Pahlavan M. *Horizon Med Sci*. 2015; 21 (3): 147-153.
- 2016 SEXUAL SELF-ESTEEM AS A PREDICTOR OF MARITAL SATISFACTION IN MOTHERS WITH NORMAL OR MENTALLY RETARDED CHILDREN. **Jahanshir Tavakolizadeh**, fatemeh Rastgoonejad. *International Journal of Life Sciences and Pharma Research*. 2016; 1 (Special Issues)
- 2016 The effect of intervention based on "Roy" adaptation model on personal self-concept in primi- gravida women. Ali Mohammad Pour, Samane Najafi, **Jahanshir Tavakolizadeh**. *Journal of Sabzevar University of Medical Sciences*. 2016; 22 (6): 999-1007
- 2017 Examining the Influential Factors in Adopting Lifestyle-promoting Behaviors in Adolescents Using Theory of Planned Behavior. Farkhondesadat Torabi, Mahdi Moshki, **Jahanshir Tavakolizadeh**, Ali Alami: *The Journal of Toloo-e- behasht*. 2017; 14 (6): 79-93.
- 2016 Effectiveness of Eye Movement Desensitization and Reprocessing on Anxiety in Children with Thalassemia Allahyar Shahnavaizi, Ali Delshad, Mehdi Basiri Moghadam, **Jahanshir Tavakolizadeh**. *Iranian Journal of Psychiatric Nursing*. 2016; 4 (1): 11- 17.
- 2016 The Effects of the Roy's Adaptation Model on Primigravida Women's Self-Concept: A Randomized Controlled Trial. Ali Mohammadpour, Samane Najafi, **Jahanshir Tavakkolizadeh**, Fatemeh Mohammadzadeh: *Asian*

*Journal of Pharmaceutical Research and Health Care (AJPRHC)* 12/2016; 8(1):17.

- 2017 The effect of intervention based on partnership care model on self concept promotion in patients with type II diabetes. Mosa Sajjadi, **Jahanshir Tavakolizadeh**, M Heidarymarghzar. *Horizon of Medical Sciences*. 2017; 23 (1) 41-47.
- 2017 Sexual self-esteem in mothers of normal and mentally-retarded children. **Jahanshir Tavakolizadeh**, Mostafa Amiri, Fahimeh Rastgoo Nejad. *Journal of the Pakistan Medical Association* 05/2017; 67(6):929-932.
- 2017 Emotional intelligence of students: Examining predictive role of assertiveness and aggression of parent. **Jahanshir Tavakolizadeh**, Motahhare Rahmani, Somayeh Safarzade. *Razi Journal of Medical Sciences*. 2017; 24 (155): 73-82.
- 2017 Relationships between Personality Characteristics, Demographic Factors and Occupational Stress among Nurses. **Tavakolizadeh J**, Hajizadeh R, Beheshti MH, Mohammadzadeh F, Izanloo M. *Journal of Occupational and Environmental Health*. 2017; 2 (3): 227-237
- 2017 Effect of stress inoculation training on coping styles and psychological well-being status of mothers with mental retard children. **Jahanshir Tavakolizadeh**, Zeynab Mohammadi, Somayeh Safarzade. *Journal of Research & Health*. 2017 (5), 1055-1064.
- 2017 Comparison of the effect of earmuffs and hocks on aggression of stone workers. Mojtaba Kianmehr, **Jahanshir Tavakolizadeh**, Jalaloddin Tamaddon-Yalmeh, Bahareh Bahalgardi. *Bali Medical Journal (Bali Med J)*. 2017; 6 (3): 164-168.
- 2018 The Effect of Muscle Relaxation on Dialysis Adequacy in Hemodialysis Patients. Fateme Biabani, **Jahanshir Tavakolizadeh**, Mahdi Basiri-Moghadam, Mojtaba Kianmehr, Zahra Moradi, Tahereh Baloochi Beydokhti. *Middle East Journal of Family Medicine*. 2018; 16 (1): 41-47.
- 2018 Effects of Peer-education on Quality of Life in Adults with Type 2 Diabetes. Mohsenikhah M., Esmaili R, **Tavakolizadeh J**, Khavasi M., Jaras M., Delshad Noughabi. *Horizon of Medical Sciences*. 2018; 24 (1): 33-37.
- 2018 Effectiveness of Social Competence Training on Increased Self-esteem and Decreased Shyness in Students with Multiple Disabilities in Qaen County, South Khorasan Province, Iran. **Jahanshir Tavakolizadeh**, Ebrahim Zanganefa, Somayeh Safarzade. *Journal of Pdeiatric Nursing*. 2018; 4 (4): 1-10.
- 2018 Effectiveness of Pender's Health Promotion Model on Reducing Drivers High-Risk Behaviors. Laila Sadeghmoghadam, **Jahanshir Tavakolizadeh**, Seyed Behnam Mazloum Shahri, Mahdi Taheri. *Journal of Police Medicine*. 2018; 7 (3): 97-102.
- 2018 MicroRNAs and Exosomes in Depression: Potential Diagnostic Biomarkers. **Jahanshir Tavakolizadeh**, Kambiz Roshanaei, Arash Salmaninejad,

Reza Yari, Javid Sadri Nahand, Hoda Khoshdel Sarkarizi, Seyed Mojtaba Mousavi, Reza Salarinia, Majid Rahmati, Seyed Farshid Mousavi, Ryan Mokhtari, Hamed Mirzaei. *Journal of Cellular Biochemistry* 12/2017; 119(5).

- 2018 Effect of humour on reduction of hopelessness and increase of social adjustment in mothers of children with intellectual disability. **Jahanshir Tavakolizadeh**, Nasrin Jokar. *World Family Medicine Journal*. 2018; 16 (3); 79-83.
- 2018 Effectiveness of Cognitive Restructuring on Reducing Learned Helplessness in Educable Students with Intellectual Disability. Ali Motalleb Zadeh , **Jahanshir Tavakolizadeh**, Somayeh Safarzade . *Indian Journal of Forensic Medicine and Toxicology*. 2018; 12(3). 308-313.
- 2018 Comparison effects of acute and chronic intra-Peritoneal injections of saffron stigma extract and safranal-Crocine mixture on anxiety, in mice. Mahdi Torkamani Noughabi, **Jahanshir Tavakolizadeh** , Maryam Moghimian , Sayed-Hossein Abtahi-Eivari. *Indian Journal of Forensic Medicine & Toxicology*. 2018; 12(3): 335-340.

### **Conference Proceedings**

- 2011 **Jahanshir Tavakolizadeh**, Soghra Ebrahimi-Qavamb Noor Ali Farrokhhib, Mahmood Golzari. The effectuality of teaching of self-regulated learning strategies on mental health in students. International Conference on Education & Educational Psychology (ICEEPSY 2011) 19-22 October **Istanbul-Turkey**
- 2011 **Jahanshir Tavakolizadeh**, Soghra Ebrahimi-Qavam. Effect of teaching of self-regulated learning strategies on self-efficacy in students, International Conference on Education & Educational Psychology (ICEEPSY 2011) 19-22 October **Istanbul-Turkey**
- 2012 **Jahanshir Tavakolizadeh**, Hassan Yadollahi, Hadi Poorshafei. The role of Self-regulated learning strategies in psychological wellbeing condition of students. 3rd International Conference on Education & Educational Psychology – ICEEPSY 2012 on 10-13 October in **Istanbul, Turkey**
- 2012 **Jahanshir Tavakolizadeh**, Zohre Abedizadeh, Mahmood Panahi. The effect of swimming on self-concept's girl high school students. 3rd International Conference on Education & Educational Psychology – ICEEPSY 2012 on 10-13 October in **Istanbul, Turkey**.

- 2012 **Jahanshir Tavakolizadeh**, Sadighe Dashti, Mahmood Panahi: The Effect of Rational-Emotional Training on Mothers' Mental Health Condition of Children with Mental Retardation. 3rd International Conference on Education & Educational Psychology – ICEEPSY 2012 on 10-13 October in **Istanbul, Turkey**.
- 2014 **Jahanshir Tavakolizadeh**, Mahbobe Nejatian, Ahmad Soori: The Effectiveness of communication skills training on marital conflicts and its different aspects in women. 5th International Conference on Education & Educational Psychology – (ICEEPSY 2014) **Cyprus – Kyrenia** 22-25 October 2014.
- 2014 **Jahanshir Tavakolizadeh**, Javad Tabari, Ahmad Akbari: Academic self-efficacy: predictive role of attachment styles and meta-cognitive skills, 5th International Conference on Education & Educational Psychology – (ICEEPSY 2014) **Cyprus – Kyrenia** 22-25 October 2014.

### Conference/Congress/ Seminar

#### International:

- 2000 Mohammad Gharamani, Ali Delshad Nooghabi, **Jahanshir Tavakolizadeh**. Oral: The study of Ramadan fasting effect on Moslems mental health. **The 1st International Conference on Religion and Mental Health**, April 2000, Tehran-Iran.
- 2002 **Jahanshir Tavakolizadeh**. Oral: Epidemiology of attention deficit and disruptive behaviour disorders in elementary school children of Gonabad town, north east Iran (1996-1997), **The 1<sup>st</sup> International Congress of Child and Adolescent Psychiatry**. 27-30 April 2002 Tehran- Iran
- 2004 **J Tavakolizadeh**, M Moshki, L Hosseini Shahidi, P Maroozi. Poster: The paper of the survey of stressor events & relationship with mental disorders on young person in Gonabad city. **18th World Conference on Health Promotion and Health Education** April 2004 - 26-30 Melbourne University.
- 2005 Mohammad Gharamani, **Jahanshir Tavakolizadeh**, Hamid Chamanzari. Poster: The survey of developmental criteria of one year old infants in Gonabad city and its comparison to standard indexes. **The Second International Conference on Child and Adolescent Psychiatry**. 2005, Tehran – Iran.
- 2009 **Jahanshir Tavakolizadeh**, Mohammad Ghahramani, Fatemeh Hadizadeh Talasaz, Hamid Chamazari. Poster: survey of mental health condition on young smokers and non-smokers of Gonabad city (code: 184) in **First Regional (EMRO) Congress on Tobacco & Health**. 2009.

- 2009 **Jahanshir Tavakolizadeh**, Mohammad Ghahramani, Maryam Moghimian. Poster: survey of stressful events on young smokers and non -smokers of Gonabad city (code: 185) in **First Regional (EMRO) Congress on Tobacco & Health**. 2009.
- 2011 Mahdi Moshki, Hedayatollah Shams, Mohammad Ghahramani, **Jahanshir Tavakolizadeh**. Poster: The relationship between physical activity, self- esteem and health locus of control among university students: A case- control study (N / 261). **The first international & 4th national congress on health education & promotion**. 16-19 May 2011, Tabriz-Iran .
- 2011 Mahdi Moshki, **Jahanshir Tavakolizadeh**, Narjes Bahri. Poster: The relationship between physical activity, self- esteem and health locus of control among university students: A case- control study. **The 1<sup>st</sup> International & 4<sup>th</sup> National Congress on Health Education & Promotion**. 16-19 May 2011 Tabriz Iran.
- 2011 **Jahanshir Tavakolizadeh**, Soghra Ebrahimi Ghavam. Oral: Effect of teaching self-regulated learning strategies on self-efficacy in students. **International Conference on Education Psychology (ICEEPSY 2011)** Istanbul-Turkey 19-22 October 2011.
- 2011 **Jahanshir Tavakolizadeh**, Soghra Ebrahimi Ghavam, Noor Ali Farokhi, Mahmood Golzari Oral presentation: Effect of teaching self-regulated learning strategies on mental health in students. **International Conference on Education Psychology (ICEEPSY 2011)** Istanbul-Turkey 19-22 October 2011.
- 2012 **Jahanshir Tavakolizadeh**, Sadighe Dashti, Mahmood Panahi. Oral: The effect of rational-emotional training on mothers' mental health condition of mental retardation children. **The 3rd International Conference on Education Psychology (ICEEPSY 2012)** Istanbul-Turkey 10-13 October 2012.
- 2012 **Jahanshir Tavakolizadeh**, Zohreh Abedzadeh, Mahmood Panahi. Oral: The effect of swimming on self-concept's girl high school students. **The 3rd International Conference on Education Psychology (ICEEPSY 2012)** Istanbul-Turkey 10-13 October 2012.
- 2012 **Jahanshir Tavakolizadeh**, Hassan Yadollahi, Hadi Pourshafei. Oral: The role of Self-regulated learning strategies in psychological well-being condition of students. **The 3rd International Conference on Education Psychology (ICEEPSY 2012)** Istanbul-Turkey 10-13 October 2012.
- 2013 **Jahanshir Tavakolizadeh**, Mohammad Gharamani, Maryam Moghimian. Oral: The prevalence of excessive mobile phone use and its relation with mental health status and demographic factors among the students of Gonabad University of Medical sciences, Gonabad University of Medical Sciences, **The 7th National Congress on Adiction Science**. Tehran, Razi Hall. 11-13 Sep 2013.
- 2013 **Jahanshir Tavakolizadeh**, Fatemeh Karimipour, Ali Akbari, Mahmood Panahi. Oral: The Relationship between Self-Control and Car Accidents. **The 3<sup>th</sup>**

- International Conference on Reducing Burden of Traffic accidents.** 2013, Shiraz, Iran.
- 2014 **Jahanshir Tavakolizadeh**, Ghodratollah Dadpour, Mahmood Panahi. Poster: The effectiveness of rational-emotional group training on self-esteem and anxiety of gifted boy students. **4th International Conference on Education and Educational Psychology.** Antalya-turkey. 2-5 October 2013
- 2014 **Jahanshir Tavakolizadeh**, Said Mojtaba Mahdavi, Mahmood Panahi. Poster: Effect of cooperative & directive teachings on school achievement and adjustment in International Conference on Education Psychology. **4th International Conference on Education and Educational Psychology.** Antalya-turkey. 2-5 October 2013
- 2014 **Jahanshir Tavakolizadeh**, Mahbobe Nejatian, Ahmad Soori. Oral: The Effectiveness of communication skills training on marital conflicts and its different aspects in women. **5th International Conference on Education & Educational Psychology – (ICEEPSY 2014)** Cyprus – Kyrenia 22-25 October 2014.
- 2014 **Jahanshir Tavakolizadeh**, Javad Tabari, Ahmad Akbari. Oral: Academic self-efficacy. Poster: Predictive role of attachment styles and meta-cognitive skills, **5th International Conference on Education & Educational Psychology – (ICEEPSY 2014) Cyprus – Kyrenia** 22-25 October 2014.
- 2015 **Jahanshir Tavakolizadeh**, Ali Akbari. Oral: Stress inoculation training on stress reduction and mental health status of mothers of educable mentally retarded children. **The Fourth Iranian International Conference on Women’s Health**, Shiraz- Iran, 20-21 May 2015.
- 2015 **Jahanshir Tavakolizadeh**. Oral: Marital adjustment: The predictive role of spiritual intelligence and coping strategies **The Fourth Iranian International Conference on Women’s Health**, Shiraz- Iran, 20-21 May 2015.
- 2015 **Jahanshir Tavakolizadeh**. Oral: Sexual self -esteem in mothers of normal and mental retarded children: A case – control study. **The Fourth Iranian International Conference on Women’s Health**, Shiraz- Iran, 20-21 May 2015
- 2017 Mosa Sajadi, **Jahanshir Tavakolizadeh**, Ali Mohammadpour, Someieh Karimpour. Poster: The role of nursing care in spiritual health in cancer patients at Vasei hospital in Sabzovar 2016. The 3th International & National Congress on Health Education & Promotion 23-25 Aug 2017, Isfahan, Iran.
- 2017 **Jahanshir Tavakolizadeh**, Nasrin Jokar. Poster: Effect of Humor on Reduction of Hopelessness and Increase of Social Adjustment in Mothers of Children with Intellectual Disability, **The 4th International Congress on Psychosomatic**

**Medicine**, Isfahan University of Medical sciences, Freiburg University, Isfahan, Iran, 15-17 November 2017,.

- 2017 **Jahanshir Tavakolizadeh**, Mojtaba Kianmehr, Mahdi Pahlavan, Mahdi Basiri. Poster: Effects of Guided Imagery on Trait and State Anxiety and Physiological Indicators in in-Patients with Acute Coronary Syndrome. **The 4th International Congress on Psychosomatic Medicine**, Isfahan University of Medical sciences, Freiburg University, Isfahan, Iran, 15-17 November 2017.

**National:**

- 2000 **Jahanshir Tavakolizadeh**, Jafar Bolhari, Amir Hooshang Mehryar, Mahmoud Dezhkam. Oral: Epidemiology of attention deficit and disruptive behavior disorders in elementary school children of Gonabad town. **The 4th National Congress Mental Health and Behavioral Disorders in Children and Adolescents**. 2000, Zanjan-Iran.
- 2000 Mohammad Gharamani, Ali Delshad Nooghabi, **Jahanshir Tavakolizadeh**. Oral: The study of Ramadan fasting effect on Moslems mental health. **The 1st national congress on Public Health and Preventive Medicine**. 2000, Kermanshah- Iran.
- 2001 **Jahanshir Tavakolizadeh**. Poster: Psychiatric symptoms in Gonabad Medical University. **The 1st national congress on Public Health and Preventive Medicine**. 2001, Kermanshah- Iran.
- 2001 **Jahanshir Tavakolizadeh**, Ali Mohammadpour. Poster: The rate of Depression in medical sciences students of Gonabad. **The 1st national congress on Public Health and Preventive Medicine**. 2001, Kermanshah- Iran.
- 2002 **Jahanshir Tavakolizadeh**, Ali Mohammadpour. Poster: The rate of Depression in medical sciences students of Gonabad. **The 1st National Congress of Epidemiology and Health Services**. 24-26 Dec 2002. Booshehr\_ Iran.
- 2002 **Jahanshir Tavakolizadeh**, Mohammad Ghahramani, Hamid Chamanzari. Oral: Survey of mental health status in Gonabad Medical sciences College students in 2001-2002. **The 1st National Congress of Epidemiology and Health Services**. 24-26 Dec 2002. Booshehr\_ Iran.
- 2003 Mohammad Gharamani, **Jahanshir Tavakolizadeh**, Hamid Chamanzari. Oral: The survey of developmental criteria of one year old infants in Gonabad city and its comparison to standard indexes. **The 5th National Conference on Mental health and Behaviral Disorder in children and Adolescent**. 2002, Zanjan-Iran.
- 2004 Mohammad Gharamani, **Jahanshir Tavakolizadeh**, Hamid Chamanzari. Oral: The survey of developmental criteria of one year old infants in Gonabad

- city and its comparison to standard indexes. **Second Congress on Non-Contagious Diseases Prevention**, 2004, Tehran- Iran.
- 2004 **Jahanshir Tavakolizadeh**, Mahdi Moshki, Laleh Hosseini Shahidi, Parviz. Oral: The survey of stressor events and their relationship with mental disorders on youths in Gonabad city. **National Congress on Health Promotion and Sustainable Development**. 2004, Abhar- Iran.
- 2004 Mohammad Gharamani, **Jahanshir Tavakolizadeh**, Hamid Chamanzari. Poster: The survey of developmental criteria of one year old infants in Gonabad city and its comparison to standard indexes. **The 16<sup>th</sup> International Conference of Pediatrics**. 2004, Tehran - Iran.
- 2005 **Jahanshir Tavakolizadeh**, Mohammad Gharamani, Maryam Moghimian. Oral: The Survey of stressful events on smoked and nonsmoked early adults of Gonabad city. **The 3<sup>rd</sup> National Congress on Addiction**. 26-28 Jan 2005 Yazd-Iran.
- 2005 **Jahanshir Tavakolizadeh**, Mohammad Gharamani, Maryam Moghimian. Oral: The Survey of stressful events on smoked and nonsmoked early adults of Gonabad city. National Conference on Youth Mental Health, 2005. Tehran- Iran.
- 2006 **Jahanshir Tavakolizadeh**, Maryam Moghimian. Oral: Assertiveness and self-esteem at smoker and none smoker students in Azad University of Gonabad. **The second National Conference on students' Mental Health**. Tehran-Iran.
- 2010 Mahdi Moshki, **Jahanshir Tavakolizadeh**, Malihe Noori, Alireza Atarodi. Poster: Relationship of physical activity with self-esteem and health locus of control at athletic and non-athletic students. **The 5<sup>th</sup> National Conference on students' Mental health**. 2010, Tehran-Iran.
- 2011 Mahdi Moshki, **Jahanshir Tavakolizadeh**, Narjes Bahri. Poster: Epidemiological study of mental health condition and its relationship with self-concept of adolescent girls in Gonabad high schools. **The 6th Iranian Congress of Epidemiology and public Health**. 2011 Shahrood- Iran.
- 2011 Mahdi Moshki, Mohammad Ghahramani, **Jahanshir Tavakolizadeh**, Hedayatollah Shams. Poster: The Relationship between Health Locus of Control and Life Style in Pregnant Women. **The 6th Iranian Congress of Epidemiology and public Health**. 2011 Shahrood- Iran.
- 2011 Jahanshir Tavakolizadeh, Soghra Ebrahimi Qavam, Mahdi Moshki. Oral: Effect of teaching of self-regulated learning strategies on attribution styles in students. **Iranian Academy of Child and Adolescent Psychiatry**. Oct. 2011. Tehran – Iran.
- 2011 Najmeh Sadat Hajivosough, **Jahanshir Tavakolizadeh**. Oral: The Effect of Cognitive-Behavioral Teaching on Womens' Sexual Health Sexual and Prevention Social with Hypoactive Sexual Desire Disorder **Women's Conference and Millennium Development Goals, 2011, Khoram-Iran**.



- 2011 Najmeh Sadat Hajivosough, Malihe Noori, **Jahanshir Tavakolizadeh**. Poster: The Effect of Cognitive-Behavioral Teaching on Improvement of Women's Sexual Function The effect of Cognitive behavioral Teaching on marital satisfaction of women having Hypoactive Sexual Desire Disorder. **National Congress of Family Health. 2011**, Tehran- Iran.
- 2011 Hassan Toozandjani, Hamid Nejat, **Jahanshir Tavakolizadeh**. Poster: The Effect of Parenting Styles on Self-efficacy and Mental Health of Students. **The first national conference of students' mental health, 2011**, Ghochan- Iran.
- 2012 **Jahanshir Tavakolizadeh**, Ali Akbari, Zohreh Khodadadi. Poster: the rate of Religious Beliefs and Test Anxiety at students of Gonabad University of Medical Sciences. **National Conference on Spirituality, Qur'anic Studies and Health. 2012**, Gonabad- Iran,
- 2012 Sajad, Sadeghi, **Jahanshir Tavakolizadeh J**, Hamid-Reza Tolidei, Zohreh Khodadadi Poster: The relationship between religious orientation and psychological well being in students. **National Conference on Spirituality, Qur'anic Studies and Health. 2012**, Gonabad- Iran,
- 2013 Majid Azghandi, Ali Akbari, **Jahanshir Tavakolizadeh**, Marzieh Mokhtari. Poster: The Prevalence of speech disorders in primary school students in Gonabad city in 2010. **The 11th National Congress of Speech Therapy. 2011**, Esfahan- Iran.
- 2013 **Jahanshir Tavakolizadeh**, Alireza Atarodi, Siravan Ahmadpour, Amir Pourghesiar. Oral: The Prevalence of Excessive Mobile Phone Use and its Relation with Mental Health Status and Demographic Factors Among the Students of Gonabad University of Medical Sciences in 2011 -2012. **The 7th National Congress on Addiction Science 11-13 Sep 2013** Tehran, Razi Hal
- 2013 Mahbobeh Nejatian, **Jahanshir Tavakolizadeh**, Hassan Ghanifar, Ali Delshad. Oral: The Effectiveness of Communication Skills Training on Marital Conflicts and its Different Aspects among Married Women Referring to Gonabad Health Centers. **The 5<sup>th</sup> National Seminar of Family Health Promotion. Nov 2013**. Kordestan- Iran.
- 2014 Mojtaba Kianmehr, **Jahanshir Tavakolizadeh**, Jalaedin Tamadon Yalmeh. **Poster:** Comparison of the effect of earmuffs and hocks on aggression of stone workers. **The 15<sup>th</sup> Annual Research Congress of Iran s Medical Sciences Students. Sep 2-5 2014**.Shahrood- Iran.
- 2014 Shala Khosravan, Mehri Alaviani, Ali Alami, **Jahanshir Tavakolizadeh**. Poster: Epidemiology of loneliness in elderly women. Epidemiology of loneliness in elderly women. **The 3<sup>rd</sup> National Congress on Research in Health Development Healthy lifestyle. Jan. 2014**. Birjand- Iran.

- 2014 Javad Tabari, **Jahanshir Tavakolizadeh**, Ahmad Akbari, Soghra Asadollahzadeh Mehneh. Oral: Academic Self-efficacy: Predictive Role of Attachment Styles and Meta-cognitive Skills.. **First National Conference on Sustainable Development in Educational Sciences and Psychology, Social and Cultural Studies**. 2014, Tehran- Iran.
- 2014 **Jahanshir Tavakolizadeh**, fatemeh Rastgoonejad, Ahmad Nezami. Oral: SEXUAL SELF-ESTEEM AS A PREDICTOR OF MARITAL SATISFACTION IN MOTHERS WITH NORMAL OR MENTALLY RETARDED CHILDREN. **The first scientific - research conference on educational sciences and psychology of social and cultural damage in Iran**, 2014, Tehran – Iran.
- 2015 Ali Mohammad pour, Samaneh najafi, **Jahanshir Tavakolizadeh**, Jahanshir Tavakolizadeh, Fatemeh Mohammadzadeh. Oral: The effect of intervention based on "Roy" adaptation model on personal self- concept in primi- gravida women. **The 10<sup>th</sup> Congress of Eastern Medical Sciences Students**. 6-7 May 2015, Sabzevar, Iran.
- 2015 **Jahanshir Tavakolizadeh**, Fahimeh Rastgoonejad. Poster: Comparison of Marital Satisfaction in mothers of normal and mentally-retarded children **The First National Congress on Consultation, Family and Empowering of Vulnerable people of Society**, 2015, Tehran – Iran.
- 2017 **Jahanshir Tavakolizadeh**, Alireza Atarodi, Siravan Ahmadpour, Amir Pourghesar. Poster: The Prevalence of Excessive Mobile Phone Use and its Relation with Mental Health Status and Demographic Factors Among the Students of Gonabad University of Medical Sciences in 2011 -2012. **The 17<sup>th</sup> Annual Research students Congress of the Medical Sciences Universities**. 2017. Kashan- Iran.
- 2017 Mohamad Reza Mansorian, Shahla Khosravan, **Jahanshir Tavakolizadeh**, Yaser Rivandi. Oral. Effect of Teaching Parenting Styles to Parents on Adolescents Feeling of Loneliness. **The 12<sup>th</sup> Annual Research students Congress of the Eastern Medical Sciences Universities**. Oct 2017. Gonabad- Iran
- 2017 Mosa Sajadi, **Jahanshir Tavakolizadeh**, Ali Mohammadpour, Someiyeh Karimipour. Oral: The role of nursing interventions in spiritual health in cancer patients. **The 12<sup>th</sup> Annual Research students Congress of the Eastern Medical Sciences Universities**. Oct 2017. Gonabad- Iran.
- 2017 **Jahanshir Tavakolizadeh**, Behjat Sarvari. Poster: Relationship between personality profile and marital satisfaction in married female students of Gonabad University of Medical Sciences. **The 12th Annual Research students Congress of the Eastern Medical Sciences Universities**. Oct 2017. Gonabad- Iran
- 2017 **Jahanshir Tavakolizadeh**, Behjat Sarvari. Poster: The Effectiveness of Cognitive-Behavioral Happiness Training on Increasing the Psychological Well-being of Gonabad Girl Students. **The 12th Annual Research students Congress of the Eastern Medical Sciences Universities**. Oct 2017. Gonabad- Iran.

- 2017 **Jahanshir Tavakolizadeh**, Motahreh Rahmani, Zohreh Khodadadi. Poster: The Relationship Between Assertiveness and Aggression of Parents with Emotional Intelligence in Primary School Students in Qayenat City. **The 12<sup>th</sup> Annual Research students Congress of the Eastern Medical Sciences Universities.** Oct 2017. Gonabad- Iran.
- 2017 Masam Mohsanikhah, Reza Esmaeili, **Jahanshir Tavakolizadeh**, Eman Ghorbani Moghadam Motahreh Rahmani, Zohreh Khodadadi. Poster: Effects of Peer-education on Quality of Life in Adults with Type 2 Diabetes. **The 12<sup>th</sup> Annual Research students Congress of the Eastern Medical Sciences Universities.** Oct 2017. Gonabad- Iran
- 2017 Mehri Moghadas, **Jahanshir Tavakolizadeh**, Mohammad Mahdi Khazayi, Ali Delshad. Poster: The Effect of self-regulation Training on Diet and Physical Activity of Diabetic Patients with Type 2. **The 12<sup>th</sup> Annual Research students Congress of the Eastern Medical Sciences Universities.** Oct 2017. Gonabad-Iran.
- 2017 Mehri Moghadas, **Jahanshir Tavakolizadeh**, Mohammad Mahdi Khazayi, Ali Delshad. Poster: The Effect of Self-regulated Training on Diabetes Control with Type 2. **The 12th Annual Research students Congress of the Eastern Medical Sciences Universities.** Oct 2017. Gonabad- Iran
- 2017 Hossein Mohammadpour, **Jahanshir Tavakolizadeh**. Poster: The Prediction of the use of cosmetics based on body dismorphic disorder, self-concept and gender identity in male students of Gonabad University of Medical Sciences. **The 12th Annual Research students Congress of the Eastern Medical Sciences Universities.** Oct 2017. Gonabad- Iran
- 2018 Sajad Sadeghi, **Jahanshir Tavakolizadeh**, Hamid reza Tolideai, Zohreh Khodadadi, Ayda Karimian. Poser: The Relationship between Religious Orientation and Psychological Well-Being among Gonabad Medical Sciencesin the academic year of 2011-2012. **The 1<sup>st</sup> Tabari Student Congress.** 2018. Sari- Iran.
- 2018 Mahdi Basiri, **Jahanshir Tavakolizadeh**, Mohadeseh Gholami, Azam Kamel, Amir Ali Ariayi. Poster: Prevalence of Attention deficit hyperactivity child disorder and its association with urinary incontinence. **The 1st Tabari Student Congress.** 2018. Sari- Iran.
- 2018 Mehri Moghadas, **Jahanshir Tavakolizadeh**, Mohammad Mahdi Khazayi, Ali Delshad. Poster: The Effect of Self-regulated Training on Diabetes Control with Type 2. **The 1<sup>st</sup> Tabari Student Congress.** 2018. Sari- Iran.
- 2018 Mehri Moghadas, **Jahanshir Tavakolizadeh**, Mohammad Mahdi Khazayi, Ali Delshad.. Poster: The Effect of self-regulation Training on Diet and Physical Activity of Diabetic Patients with Type 2. **The 1<sup>st</sup> Tabari Student Congress.** 2018. Sari- Iran.

- 2018 **Jahanshir Tavakolizadeh**, Malihe Forghani, Mohammadzadeh, Farkhonde hajivosough. Poster: The Effectiveness of Behavioral Play Therapy on Reducing the Symptoms of Conduct Disorder in Children aged 12-8 years old in Mashhad's Rehabilitation Center. **The first national conference on arts and health. Neyshabour- Iran.**
- 2018 Akram Kharazmi, Afsane Jelvagar, Mahdi Moshki, **Jahanshir Tavakolizadeh**, Vajihe Armanmehr. Poster: The Effect of Painting Therapy on Social Skills and Social Problems Solving in Students with Learning disabilities. **The first national conference on arts and health.** 2018, Neyshabour\_ Iran.

### **Workshops Presentations**

Workshop on self-regulated learning training for excellent students, Gonabad University of Medical Sciences, EDC Center Conference class, 2000.

Seminar of Examining of Educational Issues in the Teaching-Learning Process for faculty members, Gonabad University of Medical Sciences, EDC Center, Avicenna hall, 2013.

Workshop on assertiveness training for students, Avicenna hall, Gonabad, Counseling Center, University of Medical Sciences, Gonabad, Iran, 1999.

Workshop on effective relationship training for students, Razi hall, Gonabad University of Medical Sciences, Counseling Center, Counseling Center, University of Medical Sciences, Gonabad, Iran, 1999.

Workshop on effective relationship training for personels, Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 1999.

### **Workshops Organized and/or Management**

Director of the Workshop on life skills training for students (Assertiveness training). Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 2009.

Director of the Workshop on life skills training for students (Effective communication Training) Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 2009.

Director of the Workshop on life skills training for new students (Assertiveness training). Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 2009.

Director of the Workshop on life skills training for the university personnel. (Effective communication Training) Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 2010.

Director of Pre-marital Training Workshop for Students. Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 2010.

Director of the Workshop on life skills training for students (Effective communication Training) Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 11- Oct - 2010.

Director of the Workshop on life skills training for students (Effective communication Training) Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 18- Oct - 2010.

Director of the Workshop on life skills training for students (Effective communication Training) Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 25- Oct - 2010.

Director of the Workshop on life skills training for students (Effective communication Training) Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 1- Nov - 2010.

Director of Pre-marital Training Workshop for Students. Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 2010.

Director of the Workshop on life skills training for students (Assertive behaviors training). Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 15- Nov - 2010.

Director of the Workshop on life skills training for students (Assertive behaviors training). Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 6- Dec - 2010.

Director of the Workshop on life skills training for students (Assertive behaviors training). Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 13- Dec - 2010.

Director of the Workshop on life skills training for students (Assertive behaviors training). Avicenna hall, Counseling Center, University of Medical Sciences, Gonabad, Iran, 20- Dec - 2010.

## **Workshops Attended**

- 1997 Workshop on *HIV / AIDS counseling and mental health*, Mashad University of Medical Sciences, Mashad, Iran, 20-21, June, 1997.
- 1997 The second workshop on *Psychological tests in counseling services*. Held in Central Office of counseling, the Ministry Health and Medical Education. Tehran- Iran. 24-25, Dec, 1997
- 1998 Participating in a workshop entitled: *Nutrition Workshop at school ages*, Health Center, Gonabad- Iran. 12-13 May 1998.
- 1998 Participating in a workshop entitled: *learning methods and educational technology*, Gonabad University of Medical Sciences, Gonabad, Iran, 15-16 June, 1998.
- 1998 Country Workshop entitled: *Teaching for Teachers*, Sharekord University of medical Sciences. Sharekord, Iran. 31 Oct- 3 Sep, 1998.
- 1998 The first educational workshop and regional meeting entitled: *the progress of health programs* Khorasan University of Medical Sciences, Mashad, Iran, 25-26 Nov, 1998.
- 1999 Workshop on *teaching patterns and evaluation methods*. Held by Gonabad University of Medical Sciences, Gonabad, Iran, 23-24 April, 1999.
- 1999 Workshop on *teaching patterns and evaluation methods*. Held by Gonabad University of Medical Sciences, Gonabad, Iran, 27-28 May, 1999.
- 1999 Workshop on *Mental Health Integration in Urban Areas*, the Ministry Health and Medical Education. Tehran- Iran. 14-15, June, 1999.
- 1999 Workshop on *Preventive Strategies of Substance Abuse*, Semnan University of Medical Sciences, Semnan, Iran, 10 September, 1999.
- 2000 Workshop on *research methodology and training of statistical software*, Gonabad University of Medical Sciences, Gonabad, Iran, 20 March, 2000.
- 2003 Workshop on *Need assessment at Teaching*. Held by education deputy, the Ministry Health and Medical Education. Tehran- Iran. 15-16, Feb, 2003.
- 2003 The first workshop on *job counseling*. Esfahan University of Medical Sciences, Esfahan, Iran, 11-12 June, 2003.
- 2003 The second entrepreneurship workshop for consultants. Held in Cultural Complex of Khazarabad Sari, Sari – Iran, 3 September 2003.
- 2003 The first workshop on *principles and method of developing strategic plans in the field of guidance and counseling services*. Tehran, Iran, 9 December 2003.

- 2004 Educational Workshop on *Population researches*, Held by Gonabad University of Medical Sciences, Gonabad, Iran, 24-25 June, 2004.
- 2004 Educational Workshop on *research at Teaching*, Held by Gonabad University of Medical Sciences, Gonabad, Iran, 23 June, 2004.
- 2009 Educational Workshop on *Cognitive Behavioral Therapy for Emotional Problems-1*, Central Office of Consultation, the Ministry Health and Medical Education. - Tehran- Iran. 10-12, March, 2009.
- 2009 Educational Workshop on *Diagnostic interview*, Central Office of Consultation, the Ministry Health and Medical Education. Tehran- Iran. 4-5, May, 2009.
- 2009 Workshop on *Estimating sample size of medical sciences*, Research center and Social development, Gonabad University of Medical Sciences. Gonabad, Iran. 18 June, 2009.
- 2009 Professors' Knowledge Development Workshop at Gonabad University of Medical Sciences. Gonabad, Iran. 25 June, 2009.
- 2009 Educational workshop on *Cognitive Behavioral Therapy for Emotional Problems-2*, Central Office of Consultation, the Ministry Health and Medical Education. Tehran- Iran. Summer, 2009.
- 2009 Educational workshop on *medical Genetic*, Gonabad University of Medical Sciences. Gonabad, Iran. 26 September, 2009.
- 2009 Educational workshop on *Premarital Counseling*, Central Office of Consultation, the Ministry Health and Medical Education. Tehran- Iran. 15-16, August, 2009.
- 2009 Educational workshop on *Premarital Counseling*, Central Office of Consultation, the Ministry Health and Medical Education. Tehran- Iran. 17, October, 2009.
- 2009 Educational Workshop on *research at Teaching (Classic and longitudinal research)*, Held by EDC, Gonabad University of Medical Sciences, Gonabad, Iran, 1 December, 2009.
- 2009 Educational Workshop on *research at Teaching (Qualitative research)*, Held by EDC, Gonabad University of Medical Sciences, Gonabad, Iran, 2 December, 2009.
- 2010 11th National Conference on Medical Education, entitled "*Educational Leadership*", Tehran University of Medical Sciences, Tehran, Iran, 2 May, 2010.
- 2010 Research workshop on *the status of medical sociology and health determinants in research*, Social Development & Health Promotion Center, Gonabad University of Medical Sciences, Gonabad, Iran, 10 June, 2010.

- 2010 Educational workshop on *Spouse choosing and its proper ways with a religious approach*, Central Office of Consultation, the Ministry Health and Medical Education. Tehran- Iran. 19, June, 2009.
- 2010 Educational workshop on *Cognitive Behavioral Assessment & Therapy for Personality Disorders*, Central Office of Consultation, the Ministry Health and Medical Education. Tehran- Iran. 20-23 June, 2010.
- 2011 Research Workshop on *Basic Medical Journalism*, Social Development & Health Promotion Center, Gonabad University of Medical Sciences, Gonabad, Iran, 9 June, 2011.
- 2011 Research Workshop on articles Reviewing & Modern English, Social Development & Health Promotion Center, Gonabad University of Medical Sciences, Gonabad, Iran, 10 June, 2011.
- 2011 Research Workshop on *Publication ethics & critical Appraisal*, Social Development & Health Promotion Center, Gonabad University of Medical Sciences, Gonabad, Iran, 11 June, 2011.
- 2011 Research Workshop on *Promotion of Journals, Scientometrics & Modern Medical Journalism*, Social Development & Health Promotion Center, Gonabad University of Medical Sciences, Gonabad, Iran, 12 June, 2011.
- 2012 Educational workshop on *TBL for faculty members*, Held in EDC, Gonabad University of Medical Sciences, Gonabad, Iran, 12 June, 2012.
- 2012 Educational Workshop on *mentorship at Medical Education*, Held in EDC, Gonabad University of Medical Sciences, Gonabad, Iran, 12 June, 2012.
- 2012 Educational Workshop on *Creativity and Innovation at the Service of Higher Education Leadership*, Held in EDC, Gonabad University of Medical Sciences, Gonabad, Iran, 12 June, 2012.
- 2012 Workshop on *New Approaches and Methods of Teaching and the Basics for Their Selection*, Held by EDC, Gonabad University of Medical Sciences, Gonabad, Iran, 21-22 June, 2012.
- 2013 The Workshop on *Challenges and Expectations of Faculty Members from EDC*, Held by EDC, Gonabad University of Medical Sciences, Gonabad, Iran, 7 January, 2013.
- 2014 Workshop on *familiarity of faculty members and university researchers with informative resources and special citation databases*, Gonabad University of Medical Sciences, Gonabad, Iran, 15 June, 2014.
- 2014 Research workshop on *advanced Inferential statistics and SPSS in the field of researches of biological sciences for faculty members and university researchers*, Gonabad University of Medical Sciences, Gonabad, Iran, 22 June, 2014.



- 2014 Workshop on *Technology Indicators*, Center for the Development of Technology of Medicinal Plants and Medical Equipment, Gonabad University of Medical Sciences, Gonabad, Iran, 17 December, 2014.
- 2015 Educational-research Workshop on *Internet Search Strategies*, Social Development & Health Promotion Center, Gonabad University of Medical Sciences, Gonabad, Iran, 17 January, 2015.
- 2015 Workshop on *Evidence-Based Learning*, EDC, Gonabad University of Medical Sciences, Gonabad, Iran, 31 January, 2015.
- 2015 Workshop on *Participatory Learning*, EDC, Gonabad University of Medical Sciences, Gonabad, Iran, 1 February, 2015.
- 2015 Research Workshop on *Journal Club*, Social Development & Health Promotion Center, Gonabad University of Medical Sciences, Gonabad, Iran, 17 December, 2014.
- 2015 The workshop on *Herbal Medicine* attended by Prof. Molla Joghee Nanjan, held in Gonabad University of Medical Sciences, Gonabad, Iran, on Feb. 5th, 2015.
- 2015 Research Workshop on *Web Resources, Scientometrics and Citation for faculty members and university researchers*, Gonabad University of Medical Sciences, Gonabad, Iran, 4 November, 2015.

## **Seminars**

### **International:**

- 2000 Participating in a workshop entitled: *The 1st International Conference on Religion and Mental Health*, Iran University of Medical Sciences, Tehran -Iran. 16- 19 April 2000,
- 2002 Participating in a workshop entitled: *The 1st International Congress of Child and Adolescent Psychiatry*. Tehran University of Medical Sciences, Tehran- Iran, 27-30 April, 2002.
- 2011 International Conference on *Education & Educational Psychology* (ICEEPSY 2011) Istanbul-Turkey, 19-22 October
- 2012 The 3rd International Conference on *Education & Educational Psychology* – ICEEPSY, Istanbul, Turkey, 10-13 October 2012
- 2013 The 4th International Conference on *Education & Educational Psychology* – (ICEEPSY 2013) Antalya – Turkey, 2-5 October 2013

- 2014 The 5th International Conference on *Education & Educational Psychology* – (ICEEPSY 2014) Cyprus – Kyrenia, 22-25 October 2014.
- 2015 *The Fourth Iranian International Conference on Women's Health*, Shiraz- Iran, 20-21 May 2015
- 2015 First International Congress on *Complementary and Alternative Medicine*, Mashad University of Medical Sciences, Mashad, Iran, 7-9 October, 2015.
- 2017 The 4th International Congress on *Psychosomatic Medicine*, Psychosomatic Research Center, Isfahan University of Medical Sciences, Freiburg University, Isfahan, Iran 15-17 November 2017, Isfahan, Iran.

**National:**

- 1998 *The first Seminar pre-marriage counseling* held in Shahid Beheshti University of Medical Sciences, Tehran – Iran, 17-19, May, 1998
- 2001 *The 1st national congress on Public Health and Preventive Medicine*, Kermanshah University of Medical Sciences, Kermanshah- Iran. 22-24, November, 2001.
- 2002 The 4th National Conference on *Mental health and Behavioral Disorder in children and Adolescent*. Zanzan - Iran. 19 October, 2002.
- 2002 *The 1st National Congress of Epidemiology and Health Services*. Booshehr University of Medical Sciences, Booshehr- Iran. 24-26 Dec 2002.
- 2003 *Mental health conference and dormitory issues*, held by University of Social Welfare and Rehabilitation Sciences, Tehran – Iran, 9-11, March, 2003.
- 2003 The fourth national conference on *the organization of psychological services and counseling*, Tehran – Iran, 27-28, December, 2003.
- 2004 The conference on *Student and counseling and Meeting of counseling centers*, Tehran – Iran, 14-15, December, 2004
- 2004 National Seminar on *Mental Health of Medical Students*, Held by Tehran University of Medical Sciences, Tehran - Iran, 31 December, 2004.
- 2005 *The 3rd National Congress on Addiction*. Yazd University of Medical Sciences, Yazd- Iran. 26-28 Jan 2005.
- 2005 National Conference on *Youth Mental Health*, The Pakan Nursing Association and the National Youth Organization. Tehran- Iran. 27 February, 2005.
- 2006 The second National Conference on *students' Mental Health*. Tarbiat Modarres University, Tehran-Iran 3-4 March, 2006.

- 2011 Seminar on *the promotion of specific teaching processes for faculty members*, Held by EDC, Gonabad University of Medical Sciences, Gonabad, Iran, 19 September, 2011.
- 2012 National Conference on *Spirituality, Qur'anic Studies and Health*. Gonabad University of Medical Sciences, Gonabad- Iran, 10 – 11 May, 2012.
- 2013 *The 3th International Conference on Reducing Burden of Traffic accidents*. 28-29 February 2013, Shiraz University of Medical Sciences, Shiraz- Iran, Shiraz, Iran.
- 2013 The 7th National Congress on *Addiction Science*, Tehran University of Medical Sciences, Tehran- Iran, Razi Hal 11-13 Sep 2013
- 2014 *The first scientific - research conference on educational sciences and psychology of social and cultural damages in Iran*, 18 March 2014, Tehran – Iran.
- 2014 Regional Seminar on *Genetic Medicine*, Gonabad University of Medical Sciences, Gonabad- Iran, 31 December, 2014.
- 2015 The First National Congress on *Consultation, Family and Empowering of Vulnerable people of Society*, Psychology and Counseling Organization of Islamic Republic of Iran and others, 5 November 2015, Tehran – Iran.
- 2015 National Congress on *Family Counseling, and Empowerment of the Vulnerable Groups of the Society*, The Imam Khomeini Relief Committee, with the participation of the Iranian Psychological Organization, Tehran, Iran, 4 November, 2015.
- 2017 *The 12th Annual Research students Congress of the Eastern Medical Sciences Universities* Gonabad University of Medical Sciences, Gonabad, Iran, Gonabad- Iran . 16- 18 Oct 2017.
- 2018 Seminar on *Somatoform Pain Disorders*, Isfahan University of Medical Sciences, Freiburg University, Isfahan, Iran, 10 April 2018.

## **Interviews**

- 2008 Psychological interview for proper selection hospital guards.
- 2009 Interview and psychological evaluation for choosing health care providers.
- 2015 Psychological interviews for choosing oral health students at the first course admission.
- 2016 Psychological interviews for choosing oral health students at the second course admission

1998-2018 Psychological interviews to evaluate the recruitment of two faculty members.

### **Book & Article Reviews**

#### **Book:**

2010 Sleep disorders

#### **Article:**

1995- 2018: Reviewing over than 130 article for national and International Journals; National: Horizon of Medical Sciences, Health & Research, Ilam University of Medical Sciences, International: International journal of high risk behavior, Razavi International Journal of Medicine, ACTA MEDICA INTERNATIONAL, EDD- Educational Research and Reviews, Educational research.

### **PROFESSIONAL SERVICE: Editorial/Reviewer**

1996-Present Diagnostic Interview & Mental status Examination

1996-Present Applying of Psychological tests such as cognitive, personality and psychopathological tests as a diagnostic instrument

1996-Present Counseling & Psychotherapy

1996-Present Cognitive- behavioral therapy

1996-Present Researching

2009-Present Member of the Editorial team of quarterly of the Horizon of Medical Sciences

2011-Present Member of the Editorial board of Journal of Health & Research

2017-Present Psychotherapy of psychosomatic disorders

2017-Present Assessment & diagnosis of psychosomatic disorders

## **COURSES TAUGHT**

- 1996-2000 Teaching Pathological psychology, Mental health nursing, at **Islamic Azad University, Gonabad branch**, from 2nd semester 1996-97 to 2nd semester 1999-2000.
- 1996-2000 Teaching General psychology, Motivation & emotion, Differential psychology, Educational psychology, Intelligence & its assessment, Group dynamic psychology, Mental health, Psychopathology 2, Child psychopathology, Physiological psychology, Addiction and its etiology, Mental health in operating room, Mental health & addiction, Psychopathology at **Payam Noor University, Gonabad**, from 2nd semester 1996-97 to 2nd semester 1999-2000.
- 1996-Present Mental health and medical emergencies, Internship of mental health nursing, Psychology and health promotion, General psychology for medicine students, Psychology of normal behaviors, Psychology for laboratory sciences students, Psychology for Anesthetic Students, Psychology for midwifery students, Nursing of mental disorders, Psychology & mental health, Individual & Social psychology, Psychology at **Gonabad University of Medical Sciences**, from 2nd semester 1996 to present.

## **PROFESSIONAL MEMBERSHIPS IN ACADEMIC SOCIETIES**

- 1996 - present Member of Iranian Psychological Association (IPA)
- 2003 - present Member of Psychology and Counseling Organization of the Islamic Republic of Iran

## **MSc THESES & PhD DISSERTATIONS SUPERVISED**

1. The Effect of smart Classroom on the Academic Achievement of Students with Learning Disabilities in the Third degree Elementary School. Master's Degree in exceptional Psychology. Reza Movahed, Islamic Azad University of Qaenat, 2017.
2. The Effectiveness happiness teaching as cognitive-behavioral method on psychological well-being, increase of self-efficacy and educational motivation female students of

- gonabad. Master's Degree in consultation and guidance, Zohreh Pourhossein, Islamic Azad University of Qaenat. 2017.
3. Relationship between personality profile, attachment styles, quality of life and marital satisfaction in married female students. Master's Degree in consultation and guidance. Behjat Sarvari. Islamic Azad University of Qaenat. 2017.
  4. The Effectiveness of Services f Providing to the Elderly, Physical- motor and, Mental disabilities In a Family-based Rehabilitation plan In Khorasan Razavi. Master's Degree in clinical Psychology. Fatemeh Najafi. Islamic Azad University of Kashmar. 2017
  5. The effect of games with rule on reducing aggression, improving communication skills and social adjustment of children with physical-motor disabilities. Master's Degree in Exceptional Psychology. Mohammad Reza Momeni. Islamic Azad University of Qaenat . 2016.
  6. The Effectiveness of Teaching of Social Problem Solving Strategies on Improving Social Adjustment and Academic Achievement of Bad parent Girl Students. Master's Degree in Exceptional Psychology. Mahdi Hosseini. Islamic Azad University of Qaenat. 2017
  7. The Effectiveness of Rational Emotional Group Training on Social Anxiety in the Students of Ferdowsi University of Mashhad. Master's Degree in Exceptional Psychology. Fatemeh Berati. Islamic Azad University of Qaenat. 2016
  8. Relationship between Body dysmorphic Disorders, Self-concept, Sexual Identity and Cosmetic Usage in boy students of Gonabad University of Medical Sciences. Master's Degree in Generall Psychology. Hossein Mohammad Pour. Islamic Azad University of Torbat Jam. 2016
  9. The Effect of Quranic Life Skills Training on Students' Academic Satisfaction and Social Adjustment. Master's Degree in educational sciences. Zohreh Banayi. Islamic Azad University of Qaenat. 2016
  10. Effect of thinking storming on tendency critical thinking and Emotional Creativity in Primary School Students in Gonabad. Master's Degree in educational sciences. Ahmad Ranjbaran. Islamic Azad University of Qaenat. 2016
  11. Relationship between the life orientation and resiliency with psychological well-being of mentally retarded teachers in South Khorasan Province. Master's Degree in Exceptional Psychology. Alireza Hoorani. Islamic Azad University of Qaenat. 2015
  12. The Effectiveness of Teaching Social Problem Solving Strategies on Reducing Depression and Shyness and Promoting Social acceptance in boy Secondary grade Students of Primary School. Master's Degree in Exceptional Psychology. Ali Sarafian. Islamic Azad University of Qaenat. 2015
  13. Effect of humour on reduction of hopelessness and increase of social adjustment in mothers of children with intellectual disability. Master's Degree in Exceptional Psychology. Nasrin Jokar. Islamic Azad University of Qaenat. 2015
  14. Comparison of Personality Characteristics, Coping Strategies and Self-Esteem in employed and Unemployed Physical-Motor Disabilities. Master's Degree in Exceptional Psychology. Sedigheh Hamzeh. Islamic Azad University of Qaenat. 2015
  15. Relationship between parental parenting styles, happiness and academic achievement of students. Master's Degree in Exceptional Psychology. Hassan Sadeghi. Islamic Azad University of Qaenat. 2015

16. The Effectiveness of Social Skills Training on the Life Expectancy and Academic Achievement in Students of Divorced Families. Master's Degree in Exceptional Psychology. Marzieh Chabok. Islamic Azad University of Qaenat. 2015
17. Comparison of Interpersonal Dependency and Metacognitive Knowledge with Communicative Skills of Gifted and Normal Students. Master's Degree in Exceptional Psychology. Taktam Laal. Islamic Azad University of Qaenat. 2014
18. The Relationship between Emotional Intelligence and adjustment in cancer patients in Mashhad - Master's Degree in Clinical Psychology. Haneh Rajabpour. Islamic Azad University of Birjand. 2011
19. The effectiveness of rational-emotional group training on self-esteem and anxiety of gifted boy students -Master's thesis in exceptional psychology. Ghodrattollah Dadpour. Islamic Azad University of Qaenat. 2012
20. The Effect of Swimming on Self Concept's Girl High School Students, Master's Degree in Exceptional psychology. Zohreh Abedizadeh. Islamic Azad University of Qaenat. 2012
21. The Effect of Rational-Emotional Training on Mothers' Mental Health Condition of Children with Mental Retardation - Master's Degree in Exceptional Psychology. Sadigheh Dashti. Islamic Azad University of Qaenat. 2012
22. The Effectiveness of Collaborative Learning teaching on the Academic Achievement and Social Adjustment of the Mentally Retarded Students of the Gonabad Primary School - Master's dissertation on exceptional psychology. Mojtaba Mahdavi. Islamic Azad University of Qaenat. 2012
23. The Relationship of Self-Regulated Learning, Self-Concept and Psychological Well-being Status in students - Master's Degree in Educational Psychology. Hassan Yadollahi. Islamic Azad University of Birjand. 2012
24. The effect of Adler's life style education on the resiliency of mothers of educable mentally retarded children. Master's Degree in Educational Psychology. Elaheh Sadat Yazdi. Islamic Azad University of Qaenat. 2012
25. The effect of Cognitive -Behavioral play therapy on Reducing Aggression in Children with Conduct Disorder. Master's Degree in Educational Psychology. Maliheh Forghani Islamic Azad University of Birjand. 2012
26. Islamic Azad University of Birjand. 2012
27. The Relationship Between Self-Control and Car Accidents . Master's Degree in Educational Psychology. Fatemeh Karimpour. Islamic Azad University of Birjand. 2012
28. Effect of Self-regulation Training on Management of Type 2 Diabetes in Patients Referring to the Diabetes Clinic of the 22nd Bahman Hospital in Gonabad, 2011. Master's Degree in Clinical Psychology. Mehri Moghadas. Islamic Azad University of Birjand. 2013
29. Relationship Between Religious Beliefs with Anxiety and Stress Coping strategies in Gifted Students. Master's Degree in Exceptional Psychology. Hossein Salari Islamic Azad University of Qaenat. 2013
30. Islamic Azad University of Qaenat. 2013
31. Relationship between Motivational Orientation and Organizational Commitment and Job Performance of Secondary Teacher of Torbat Heidarieh Schools of Education Year 2011-2012. Master's Degree in Educational Psychology. Azam Rajabzadeh. Islamic Azad University of Birjand. 2013
32. relationship between attachment styles and meta-cognitive skills with self-efficacy of high school students in the city of Torbat-e-Haydaryeh academic year 2011-2012.

- Master's Degree in Educational Psychology. Javad Tabari Moghadam. Islamic Azad University of Birjand. 2013
33. Relationship between parenting styles, self-efficacy and academic achievement motivation of secondary school students in Torbat-e-Heydariyeh city. Master's Degree in Educational Psychology. Masoomeh Rostami. Islamic Azad University of Birjand. 2013
  34. The Relationship between Spiritual Intelligence and Coping Strategies with Marital adjustment of Culturalists in Gonabad. Master's Degree in Educational Psychology. Alireza Soltani. Islamic Azad University of Birjand. 2013
  35. The Effect of Effective Communication Skills Training on the Level of Marital Conflict and Its Different Dimensions in Married Women Referring to Gonabad Health & treatment Centers. Master's Degree in Educational Psychology. Mahboubeh Neyatyan. Islamic Azad University of Birjand. 2014
  36. Comparison of the Effect of the Quran's teachings on life style of male and female students of Gonabad city with using the theory of planned behavior. Master's Degree in health education. Farkhondeh Sadat Torabi. Gonabad University of Medical Sciences. 2014
  37. The Effect of stress inoculation training on coping styles and psychological well-being status of mothers with mental retarded children. Master's Degree in Exceptional Psychology. Zeinab Mohammadi. Islamic Azad University of Qaenat. 2014
  38. The impact of training with Smart board on academic motivation and reading achievement of female students with learning disorders in third grade. Master's Degree in Exceptional Psychology. Robabeh Yazdanpanah. Islamic Azad University of Qaenat. 2014
  39. The effect of Persian educational software on reading and spelling achievement of first grade elementary school students with intellectual disability. Master's Degree in Exceptional Psychology. Maryam Khoshbakht. Islamic Azad University of Qaenat. 2014
  40. Effectiveness of Cognitive Restructuring on Reducing Learned Helplessness in Educable Students with Intellectual disability. Master's Degree in Exceptional Psychology. Ali Motallebzadeh. Islamic Azad University of Qaenat. 2014
  41. Comparison of the relationship between parental perfectionism with self-esteem, assertiveness and self-efficacy of normal students and mentally retarded children. Master's Degree in Exceptional Psychology. Mohammad Golnarkar. Islamic Azad University of Qaenat. 2014
  42. Comparison of sexual self-esteem and marital satisfaction in mothers of normal and retarded children. Master's Degree in Exceptional Psychology. Fahimeh Rastgoonejad. Islamic Azad University of Qaenat. 2014
  43. Relationship Between assertiveness and Aggression of Parents with Emotional Intelligence in Primary School Students in Qa'in City. Master's Degree in Exceptional Psychology. Motahareh Rahmani. Islamic Azad University of Qaenat. 2014
  44. The Effect of Guided Visualization on Anxiety and Physiological Indices in Patients with Acute Coronary Syndrome. Master's Degree in Nursing. Mahdi Pahlavanpoor. Gonabad University of Medical Sciences. 2014
  45. The Effect of Social Adequacy Training on Increasing Self-esteem and Shamening of Physically Disabled Persons. Master's Degree in Exceptional Psychology. Ebrahim Zanganefar. Islamic Azad University of Qaenat. 2014



## **MSc THESES & PhD DISSERTATIONS SUPERVISED**

1. High-risk behavior amongst male taxi drivers in Mashhad in 2016. Master's Degree in community health nursing. Mahdi Taheri. Gonabad University of Medical Sciences. 2018
2. The effectiveness of Auricular Acupuncture on depression in infertile women referred to Mashhad center Milad. Marjan Ghodrati. Gonabad University of Medical Sciences. 2018
3. Investigating and determining the role of type of parturition and type of nutrition on hyperactivity (hyperactivity disorder, attention deficit disorder) in preschool children Master's Degree in Nursing education. Ensieh Saadat Haji Seyed Hoseini. Gonabad University of Medical Sciences. 2018
4. The effects of spiritual nursing interventions on spiritual health in patients with cancer. Master's Degree in Internal Surgery Nursing. Somayeh Karimi Moghadam. Gonabad University of Medical Sciences. 2017
5. The Comparison of effects of education on the basis of health belief model, self-regulation and its integrated model on Preventive nutritional behaviors of cardiovascular disease in women living in the margin of Birjand. Master's Degree in health education & health promotion. Kobra Dehnavi. Gonabad University of Medical Sciences. 2017
6. The Effects of Peer-education on Self-Care and Quality of Life in Adults with Type 2 Diabetes. Master's Degree in public health nursing. Meysam Mohsenikhah. Gonabad University of Medical Sciences. 2017
7. The effect of health locus of control based education on the quality of life in hemodialysis patients, Master's Degree in Health education and promotion health. Mahmoud Nabiane sani. Gonabad University of Medical Sciences. 2016
8. The Effect of Parenting style education To Parents with Task-based learning approach on Adolescents Loneliness. Master's Degree in nursing education. Yasser Rivnandi. Gonabad University of Medical Sciences. 2015
9. The effect of intervention based on partnership care model on self concept promotion in patients with type II diabetes. Master's Degree in nursing education. Mehdi Heidari. Gonabad University of Medical Sciences. 2016
10. The Relationship between Parents' Parenting Styles and Self-Concept on the Sleep Quality of High School Students in Gonabad. Master's Degree in clinical Psychology. Mahmoud Hajian. Islamic Azad University of Birjand. 2015
11. Effectiveness of Eye Movement Desensitization and Reprocessing on Anxiety in Children with Thalassemia. Master's Degree in Nursing education. Allahyar Shahnavaizi. Gonabad University of Medical Sciences. 2015.
12. The Effect of Muscle Relaxation on Dialysis Adequacy in Hemodialysis Patients. Master's Degree in nursing of intensive care units. Fatemeh Biabani. Gonabad University of Medical Sciences. 2014
13. The Relationship between Depression and Anxiety with Quality of Life of the Gonabad Retired Elderly - Master's Degree in Clinical Psychology. Zohreh Jamali. Islamic Azad University of Birjand. 2011
14. The Effect of Cognitive-Behavioral teaching on Improving hypoactive Sexual desire and Increasing Marital Satisfaction-Master's Degree in General Psychology. Najmeh Sadat Hajivosogh. Islamic Azad University of Torbat Jam. 2011
15. The role of academic motivation, academic self-efficacy and learning approaches in mathematical achievement of high school students in Qa'in city - Master's Degree in Educational Psychology. Ali Baniasadi. Islamic Azad University of Birjand. 2012

16. The Relationship Between Emotional Intelligence of Parents of mentally retarded Children, and their Children's Mood and Aggression. Ali Arazozani. Islamic Azad University of Birjand. 2012
17. The Effectiveness of Problem-Solving teaching with Using Social-Cognitive Theory on Changing in Parent-Child Relations of Gonabad teenage girls. Master's Degree in health education. Maliheh Mohammadzadeh. Gonabad University of Medical Sciences. 2014
18. The Effects of the Roy's Adaptation Model on Primigravida Women's Self-Concept. Master's Degree in Nursing. Samaneh Najafi. Gonabad University of Medical Sciences. 2014

## **PROJECTS UNDERTAKEN OR SUPERVISED**

### A. Undertaken

1. M Ghahramani, A Delshad, J Tavakkoli Zadeh. The study of Ramadan fasting effect on Moslems mental health, Gonabad University of Medical Sciences, Gonabad, 1999
2. J Tavakolizadeh. Psychiatric symptoms in Gonabad Medical University, Gonabad University of Medical Sciences, Gonabad, 2000
3. J Tavakolizadeh, M Ghahramani, H Chamanzari. Survey of mental health status in Gonabad Medical sciences College students, Gonabad University of Medical Sciences, Gonabad, 2002
4. J Tavakolizadeh, A Mohammadpour The prevalence of Depression in medical sciences students of Gonabad, Gonabad University of Medical Sciences, Gonabad, 2000
5. L Hosseini Shahidi, M Moghimian, J Tavakkolizadeh. The Comparison of depression in wanted and unwanted pregnancies, Gonabad University of Medical Sciences, Gonabad, 2002
6. J Tavakolizadeh, M Moshki, L Hosseini Shahidi, P Maroozi. The survey of stressor events and their relationship with mental disorders on youths in Gonabad city, Gonabad University of Medical Sciences, Gonabad, 2002
7. M Ghahramani, J Tavakolizadeh, H Chamanzari. The survey of developmental criteria of one year old infants in Gonabad city and its comparison to standard indexes, Gonabad University of Medical Sciences, Gonabad, 2002
8. J Tavakolizadeh, M Ghahramani, F Hadizadeh Talasaz. The survey of mental health condition on smoked and non-smoked youths of Gonabad city, Gonabad University of Medical Sciences, Gonabad, 2003
9. J Tavakkolizadeh, G Mohammad, M Moghimian. The Survey of stressful events on smoked and nonsmoked early adults of Gonabad city Gonabad University of Medical Sciences, Gonabad, 2003
10. J Tavakolizadeh, M Moghimian. The survey assertiveness & self-esteem among smoked and non-smoked students, Gonabad University of Medical Sciences, Gonabad, 2003

11. M Moshki, H Shams, M Ghahramani, J Tavakolizadeh, The comparison of self-concept and self-concept and mental health of adolescent girls in Gonabad high schools, Gonabad University of Medical Sciences, Gonabad, 2003
12. F Hadizadeh Talasaz, N Bahri, J Tavakolizadeh. The comparison of the rate of postpartum depression between NVD & C/S emergency in primipare women referring to the 22 Bahman Hospital in Gonabad, Gonabad University of Medical Sciences, Gonabad, 2004
13. Ghahremani AA, Ghahremani M, Tavakolizadeh J. The survey of hyperbilirubinemia in Born Gonabad 22 Bahman Hospitalin 2003-2004, Gonabad University of Medical Sciences, Gonabad, 2004.
14. Akbari A, Tavakolizadeh J, The Prevalence of stuttering and speech disorders in primary school students of Gonabad city, Gonabad University of Medical Sciences, Gonabad, 2006
15. J Tavakolizadeh, A Akbari, Z Khodadadi. The relationship between religious beliefs and test anxiety, Gonabad University of Medical Sciences, Gonabad, 2006
16. M Shahabi, Ch Mousa, A Mansourian, J Tavakolizadeh. Learning Styles and Its Relationship to Academic Achievement and Personal Information in Nursing Students of Gonabad University of Medical Sciences, Gonabad University of Medical Sciences, Gonabad, 2007
17. M Basiri Moghadam, J Tavakolizadeh. Prevalence of ADHD and its association with urinary incontinence in primary school children of Gonabad city in 2012, Gonabad University of Medical Sciences, Gonabad, 2008.
18. J Tavakolizadeh, A Atarodi, S Ahmadpour, A Pourgheisar. The prevalence of excessive mobile phone use and its relation with mental health status and demographic factors among the students of Gonabad University of Medical sciences, Gonabad University of Medical Sciences, Gonabad, 2009
19. S Sadeghi, O Sadeghi, J Tavakolizadeh, HR Tohidi, K Z. The Relationship between Religious Orientation and Psychological Well-Being among Gonabad Medical Sciencesin the academic year of 2011-2012, Gonabad University of Medical Sciences, Gonabad, 2009
20. M Moshki, J Tavakolizadeh .Comparison of the effectiveness of play therapy and painting therapy on social skills of students with learning disabilities. 2010.
21. J Tavakolizadeh, Z Khodadadi. The survey of mental health status in Gonabad Medical sciences College students in 2009-2010, Gonabad University of Medical Sciences, Gonabad, 2010.
22. J Tavakolizadeh, R Hajizadeh, MH Beheshti, F Mohammad Zadeh. Relationships between Personality Characteristics. Demographic Factors and Occupational Stress among Nurses, Gonabad University of Medical, 2011
23. M Kianmehr, J Tavakolizadeh, J Tamaddon-Yalmeh, B Bahalgardi. Comparison of the effect of earmuffs and hocks on aggression, anxiety and psychological well- being of stone workers. Gonabad University of Medical Sciences, Gonabad, 2013
24. A Atarodi, Z Shahghasemi, V Armanmehr, J Tavakolizadeh, A Alemi. S Arabi. Assessment of Gonabad people's needs and its relationship with their demographic factors. Gonabad University of Medical Sciences, Gonabad, 2013

25. J Tavakolizadeh, N Hajivosogh. The Effect of Child - Parent Relationship-Based Therapy (CPRT) on Reducing the Symptoms of Children's oppositional deviant disorder in 2012-2013, Gonabad University of Medical Sciences, Gonabad, 2017

#### Supervised

1. Ali Alami, Mahdi Basiri Moghadam, Hashem Mirsani, Maryam Eshghizadeh, Mohamad Ali Aslinejad, Rahele Saffari, Hassan Mehrabi, Ali Setoosar. Intellectual disability and some of its associated factors in children and adolescents aged 6 to 18 Gonabad district inhabitants in 2012: A population-based case-control study. Gonabad University of Medical Sciences, Gonabad, 2014.
2. V Atayi Moghanloo, M Pishvayi. Effectiveness of group hope Therapy on emotional cognitive regulation, subjective well-being and Social support of patients with HIV+, Gonabad University of Medical Sciences, Gonabad, 2017.
3. M Moshki, A Dehno olyan, M Shareainia. Student's Assessment of Educational environment in Gonabad university of Medical Science in 2011. Gonabad University of Medical Sciences, Gonabad, 2012.
4. M Amiri, A Atarodi. The Relationship of Student Anxiety in English Language Lesson With Their Final Test Performance in Gonabad University of Medical Sciences in 2012. Gonabad University of Medical Sciences, Gonabad, 2014.
5. M Moshki, M Mirzania. A Kharazmi, A Alami. The relationship between health literacy and quality of life in pregnant women: The mediating role of health locus of control. Gonabad University of Medical Sciences, Gonabad, 2012.
6. M.A Aslinejad, M Moshki, M. Alimardani. The comparison of effectiveness of behavioral group therapy and cognitive-behavioral group therapy on the laps rate and persistence in the treatment of patients with opioid dependency. Journal of Kermanshah University of Medical Sciences. Gonabad University of Medical Sciences, Gonabad, 2012.
7. Tavakolizadeh J, Hajizadeh R, Beheshti MH, Mohammadzadeh F, Izanloo M: Relationships between Personality Characteristics, Demographic Factors and Occupational Stress among Nurses at hospitals of Gonabad University of Medical Sciences. Gonabad University of Medical Sciences, Gonabad, 2013.
8. Beheshti M.H, Mohammadzadeh F, Davoodi A, Hosseinalizadeh F. Determining the effect of mental labor and job satisfaction on the general health of female workers of an industrial unit. Gonabad University of Medical Sciences, Gonabad, 2015
9. Moshki M, Shahghasemi Z, Delshad Noghabi A, Moslem A. The Survey of Condition and Related Factors to Divorce from Divorced Couples' Viewpoint of Gonabad City in 1387-88. . Gonabad University of Medical Sciences, Gonabad, 2010
10. Khosravan S, Moshki M, Moslem A. The Explanation of the process of divorce in Gonabad city: presenting the model. Gonabad University of Medical Sciences, Gonabad, 201?
11. Rahmani R, Khosravan S, Moshki M, Akbari A. Designing and Evaluation of a Participatory Educational Program Based on PRECEDE-PROCEED Model on Parenting Style of Single-parent. Gonabad University of Medical Sciences, Gonabad, 201?

12. Ahrari1 S, Mohammadpour Ali, Amouzesi Z, Agha-Yousefi A. The Relationship between Cognitive Appraisal and Adherence to Medical Regimens in Type 2 Diabetic Patients. Gonabad University of Medical Sciences, Gonabad, 2013.
13. Moshki M, The relationship Between Health control Beliefs and masturbation. Gonabad University of Medical Sciences, Gonabad. 2013.
14. Dastani M, keramati J, poorfatemi A, ekrami A. The role of Social Networks on Academic Achievement of Gonabad University of Medical Science' students. Gonabad University of Medical Sciences, Gonabad. 2015.
15. Shareinia H. The role of academic and social cohesion on the evaluation of faculty members of Gonabad University of Medical Sciences. Gonabad University of Medical Sciences, Gonabad.
16. Saberi. The effect of hope teaching on expectation and spiritual health. Gonabad University of Medical Sciences, Gonabad.
17. Moshki M, Baloochi Beydokhti T, Cheravi Kh. The effect of educational intervention with an application of health locus of control and social support on prevention of postpartum depression. Gonabad University of Medical Sciences, Gonabad. 2012
18. Ali Nejad The Effect of Application of Health Belief Model on the Preventive Behavior of Household Accidents and Emergencies in Rural Mothers with Children under the age of 8 years old in Torbat-Heidarieh City. Gonabad University of Medical Sciences, Gonabad. 2013
19. Moradi Z. The validity and reliability of the relaxation-agitation measure in adult patients in the intensive care unit. Gonabad University of Medical Sciences, Gonabad. 2015
20. Sajjadi M, Bijari H, Soltani M, Kianmehr M. Comparison of Glucometry and Venous Blood Sugar Results in Diabetic Patients Undergoing Open Heart Surgery with Hemodynamic Instability. Gonabad University of Medical Sciences, Gonabad. 2016.
21. Hayrati K, Alami A. The effect of education based on the theory of health locus of control on health literacy and self-care in the elderly. Gonabad University of Medical Sciences, Gonabad. 2016
22. The effect of supportive groups on care burden and quality of life in mothers with diabetic children, Gonabad University of Medical Sciences, Gonabad

## **COMPUTER SKILLS**

Skillful at Microsoft Office (including, PowerPoints, Word, Outlook, and Excel) and also internet search engines at an intermediate level

## **LANGUAGES STUDIED**

English at a good level (Listening, Speaking, Reading, and Writing)